

Academic School Year: \_\_\_\_\_

# SVHS Physical Education II Waiver

Student Name: \_\_\_\_\_

Home Telephone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Counselor: \_\_\_\_\_ Graduation Year: \_\_\_\_\_

A second year of physical education is a graduation requirement which may be satisfied by 10 credits of P.E. II, Dance I or Advanced Dance which are offered here at SVHS. The Physical Education II Waiver provides an opportunity for a student to take an additional academic class in lieu of a second year of P.E. The academic athlete may pursue this option if he/she would like to enroll in an academic course for college preparation/graduation which could not otherwise be taken.

California State Education Code 51242 states:

*The governing board of a school district may exempt any four-year or senior high school pupil from attending courses of physical education, if the pupil is engaged in a regular school-sponsored interscholastic athletic program carried on wholly or partially after regular school hours.*

The P.E. Waiver is only available to those students who take a full load of classes and who also participate in afterschool sports at Sonoma Valley High School. (Independent conditioning programs or club sports cannot to be considered.) The student must be enrolled in 6 classes throughout his/her entire high school career to be eligible for a P.E. II Waiver. Home Period, Teacher's Assistant, Academic Tutor, Bilingual Tutor or AVID Tutor are not appropriate alternatives to Physical Education. By waiving P.E. II, the student assumes responsibility of learning and knowing what is equivalent to the California State Framework for Physical Education II; and is also required to complete a CPR course independent of school.

**Options:**

1. Successful participation in three (3) school sports in one school year is equivalent to two semesters, or waiving of 10 credits, of a second year of Physical Education.
2. Successful participation in two (2) school sports is equivalent to one semester, or waiving 5 credits, of Physical Education (*For this option the student would be on a P.E. Waiver for 2 years.*)

## Requirements:

In choosing to meet the Physical Education II requirement through the P.E. Waiver, please consider the following:

1. A Physical Education Waiver Application must be completed for each year of Waiver participation. Applications must be turned in and approved prior to beginning of the season to be considered.  
\* Please note sports played during the 9<sup>th</sup> grade year do NOT count toward the PE Waiver.  
**Applications should be turned in to the student's counselor.**
2. With the Waiver Application, a copy of your 4-year Academic Learning Plan demonstrating an impacted class schedule should also be **submitted to the student's counselor.**
3. A Waiver Verification Form must be completed, signed by the student and the coach, and **turned into the Registrar at the conclusion of each sport.** Late verification forms could result in the cancelation of the Waiver option.
4. If the student discontinues the contracted sport, **the Physical Education II Waiver option is automatically terminated. This includes students who become ineligible to play sports due to unsatisfactory grades.** The student should let his/her counselor know immediately so that an alternative plan may be established.
5. **With this waiver, actual credits are not awarded.** The waiver simply relieves the student of his/her obligation to a second year of physical education. The student is still responsible for 220 credits to graduate.
6. The student must take and pass a CPR course; and **submit a copy of the Certification to the Registrar by the start of the Spring Semester of the senior year.** See the Counselor/ Registrar for options.

## Waiver Plan:

The student plans to participate on the following school-sponsored interscholastic teams:

Fall Sport \_\_\_\_\_

Winter Sport \_\_\_\_\_

Spring Sport \_\_\_\_\_

*I have read and understood all of the conditions. I understand that if I fail to fulfill any part of the requirements or conditions, the contract is void and I will need to fulfill the Physical Education requirement through the regular Physical Education program. PLEASE KEEP A COPY OF ALL DOCUMENTS FOR YOUR OWN RECORDS.*

Student Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent Name: *(Please Print)* \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Counselor Signature: \_\_\_\_\_

Date: \_\_\_\_\_